



Summers Here, But we got you covered!



7/7 - 7/11 Weekly Menu

Monday

AM Snack

Juice, Chocolate
Tiger Bites

Lunch

Milk

Yogurt covered
raisins
Hardboiled egg
with salt/pepper
Soft pretzel
Carrots with
hummus

Tuesday

AM Snack

Juice, Sun Chips

Lunch

Milk

Grapes
Chicken tenders
Potatoes
Snap peas
Crackers

Wednesday

AM Snack

Juice, Goldfish
pretzels

Lunch

Milk

Raspberries
Chicken caesar
salad wrap with
Parmesan + croutons
Cupped fruit cocktail

Thursday

AM Snack

Juice, Rice Krispie
treat

Lunch

Milk

Blueberries
Yogurt parfait with
granola
1 cheese stick
Muffin
Cucumbers

Friday

AM Snack

Juice, Pretzel

Lunch

Milk

Mixed fruit/veg
Chicken salad on
slider
Celery sticks

Flip Over, voltear, virar, baskile