



# Summers Here, But we got you covered!



## 7/21 - 7/25 Weekly Menu

### Monday

#### AM Snack

juice  
Choc tiger bites

#### Lunch

milk  
Bagged celery/ranch  
Ham Caesar  
salad wraps  
on whole wheat  
Lettuce  
mayo/mustard  
applesauce  
cookie

### Tuesday

#### AM Snack

juice  
Sun chips

#### Lunch

milk  
fruit sticks  
Chicken parm sandwich  
on roll  
provolone/  
tomato sauce  
Apple

### Wednesday

#### AM Snack

juice  
Goldfish pretzel

#### Lunch

milk  
Bagged carrots/ ranch  
Sunbutter and fluff on  
whole wheat  
1 cheese stick  
Cherry tomato/ranch

### Thursday

#### AM Snack

juice  
Pretzel

#### Lunch

milk  
Bagged grapes  
Southwestern salsa  
2 cheese sticks  
salt/pepper  
guacomole  
tostitos  
strawberries  
cookie

### Friday

#### AM Snack

juice  
Rice krispie treats

#### Lunch

milk  
fruit cocktail  
Italian wrap on tortilla  
w/ italian dressing  
Lettuce  
Pot salad  
cherry tomato  
chips

*Flip Over, voltear, virar, baskile*