



FOR THE PARENTS/GUARDIANS

Welcome to the summer 2022 Orleans Recreation Summer Swim Instruction Program:

We are proud to offer you:

- Quality instruction by trained staff
- Learning made fun in a safe environment
- A proven method approved by the Red Cross of teaching skills and fundamentals

HOW CAN YOU HELP?

- Assist your child to develop a healthy respect for water while having fun.
- Supervise your child when swimming at the beach or pool.
- Be ready to try new skills with your child.
- Take your child to public and family swims to increase his/her comfort level and confidence in the water

BE A WATER SMART FAMILY

Teach your children to always ask for and receive your permission before entering any body of water. Always think safety first:

1. Always swim in lifeguarded areas
2. Provide close and constant attention to children in the water
3. Fence in pools
4. Learn swimming and water safety survival skills