



ORLEANS
CULTURAL DISTRICT



Discover Sound Healing

Join Ann and Acqua for an evening of Sacred Sound Healing at the *Healing Arts Collective* in Orleans

This program will be offered on two Wednesdays,

Feb. 12th & March 12th

5:30 PM - 7:00 PM

47 Main Street

Cost is \$25 per person per class

Experience a meditative journey through the ethereal sounds of the crystal harp and crystal bowls, with simple movements and a focus on body awareness.

Registration is required. For more information and to register for **one or both classes**, please visit or scan:

<https://orleansma.myrec.com>



Please wear comfortable clothing, bring water and a blanket, mat, pillow or bolster you would like to use